



# A comprehensive medical university that cultivates trusted medical professionals

Showa University is one of Japan's top comprehensive medical universities, consisting of four schools: Medicine, Dentistry, Pharmacy, and Nursing and Rehabilitation Sciences. These schools work closely together, including at the graduate school level, enabling students to fully master any field of learning within the realm of medical care. Equipped with ample facilities, the university achieves numerous successes in the field of research every year. In addition, we have ten medical institutions, ranging from an advanced treatment facility to a specialist hospital. All of these facilities offer high-quality medical care. Showa University has an established reputation for diverse clinical education that makes effective use of our attached hospitals.





UNDERGRADUATE SCHOOL

School of Medicine School of Dentistry School of Pharmacy

School of Nursing and Rehabilitation Sciences

Showa University College of Nursing

Department of Nursing Department of Physical Therapy Department of Occupational Therapy

GRADUATE SCHOOL GRADUATE PROGRAM Graduate School of Medicine Graduate School of Dentistry Graduate School of Pharmacy Graduate School of Health Sciences Graduate Program of Midwifery

HOSPITAL

Showa University Hospital
Showa University East Hospital
Showa University Fujigaoka Hospital
Showa University Fujigaoka Rehabilitation Hospital

Showa University Northern Yokohama Hospital Showa University Koto Toyosu Hospital

Showa University Toyosu Clinic Showa University Karasuyama Hospital Showa University Dental Hospital

Showa University Dental Hospital Medical Clinic

RESEARCH INSTITUTE TRAINING CENTER

Advanced Cancer Translational Research Institute

Clinical Research Institute for Clinical Pharmacology and Therapeutics

 $Medical\ Institute\ of\ Developmental\ Disabilities\ Research$ 

 $Research\ Institute\ for\ Sport\ and\ Exercise\ Sciences$ 

Showa University International Training Center for Endoscopy and Endoscopic Surgery (SUITE)

# In 1928, Showa University was established to "cultivate clinicians with practical skills and an abundant sense of humanity."

n 1928, concerned by the primarily academic focus of medical training at that time, Dr. Shusuke Kamijo established Showa Medical College, advocating the cultivation of outstanding clinicians with an abundant sense of humanity, who were capable of meeting people's real needs.

Dr. Kamijo summarized the university's founding spirit in the motto "Shisei Ikkan" 「至誠一貫」, which

means to contribute to our society through absolute sincerity and dedication. Over 90 years, this spirit of constant empathy and sincere devotion toward others has been passed down through the generations to the present day.

Following World War II, Showa Medical College became Showa Medical University. The university established the School of Pharmacy, the School of Dentistry, and the School of Nursing and Rehabilitation Sciences to better serve society's needs by training not only physicians, but also medical staff and researchers in a wide range of other fields. Having produced well in excess of 20,000 graduates to date, Showa University has firmly established itself as a comprehensive medical university for the modern age.

The front entrance of the old university hospital (outpatient clinic), which was

completed in 1938. It was a symbol of this university for many years.



Dr. Shusuke Kamijo

"Devoting ourselves wholeheartedly to medical care and passing that spirit on to future generations...."



A university entrance ceremony in the 1930s. A representative of the students took the entrance oath in front of the President and signed his name with a writing brush. Some of the students are wearing kimono, Japanese traditional clothes.



A practical class in the 1930s. Students studied assiduously, peering into their microscopes in the cramped practical room until night fell.



1930s. Dr. Shusuke Kamijo gives an anatomy practical in the Clinical Auditorium, watched earnestly by students formally dressed in suits and ties.



1930s. Members of the kyudo (Japanese archery) club practice this traditional form of archery. Practices were held in the precincts of nearby temples and shrines.



#### Milestones in Showa University's glorious journey to becoming a comprehensive medical university

1928	Establishment of Showa Medical College
	Opening of an attached hospital

1946 Showa Medical College becomes Showa Medical University

1964 Establishment of the School of Pharmacy Showa Medical University renamed Showa University

1965 Beginning of first-year all-residential education

977 Establishment of the School of Dentistry

2002 Establishment of the School of Nursing and Rehabilitation Sciences





# Achievements of Showa University

## Showa's strengths help society in a wide range of fields

Medical care is essential to people's peace of mind in their daily lives. Showa University not only provides medical care at our attached hospitals, but also contributes to society both within Japan and overseas in a variety of ways and in a wide range of fields. The following provides a snapshot of these activities. Today, more than 90 years after the university was founded, our social responsibility continues to grow.



#### Support for areas affected by the Great East Japan Earthquake

—— Support activities that bring staff and students together



Immediately after the Great East Japan Earthquake struck on March 11, 2011, Showa University dispatched a DMAT (disaster medical assistance team) to Miyagi Prefecture. In addition, we organized medical aid teams composed of individuals chosen from the more than 200 university staff who applied to go and help the disaster victims. The first team, consisting of 14 people, was dispatched to the disaster-stricken Yamada-cho in Iwate Prefecture. A total of 107 people participated in relief activities as part of the seven teams dispatched. Our students also wanted to do something to help people in the area hit by the earthquake, so they set up a team of volunteers, who participated in the second and subsequent medical aid teams, as well as providing logistical support and conducting a wide range of

other volunteer activities. A total of 150 students took part at the time. This university's mission to unite in undertaking relief operations is being fulfilled not only by our staff, but also by our students.



#### Dispatch of medical teams to Madagascar. Treating children with cleft lip and palate



This project provides medical support to children suffering from cleft lip and palate in the Republic of Madagascar, an island country in eastern Africa. It has been held annually since May, 2011. On 2019, it was our 9th dispatch. We operated on 19 cleft lip and palate patients, which brings the overall number of operations to now 191 cases. Through this project, we have also concluded academic agreements

with medical/dental schools at two universities in Madagascar and we have hosted young physicians and dental doctors as international research fellows at Showa University, training them so that they can use the knowledge and skills that they have gained at our university to help their citizens back home in the future.



#### Overcoming COVID-19



During the COVID-19 pandemic, Showa University has implemented a number of new measures to ensure the quality of education and medical care while also protecting the safety of all visitors to our campuses and hospitals. To monitor for the virus in our students, patients and medical staff in hospitals, Showa University established its own PCR testing center in May, 2020. This center, led by the Pharmacological Research Center, departments related to microbiology and the Center for Biotechnology, can test up to 200 to 300 people per day.

Through the support of the PCR center, students could return to clinical training at the hospital by receiving PCR testing both before and during their training period. At Fujiyoshida campus, where dorm life for 1st-year students is an integral component of our education system, a virus-free "bubble" was created on campus. 504 incoming students were tested, and once confirmed to be negative of the coronavirus, then were bused directly to Fujiyoshida campus, where they remained in isolation from the rest of the community for the duration of their stay. From June 2020, Hatanodai campus re-opened to students on a rotating schedule to reduce the number of students and most classes were converted to a hybrid format.





he starting point for student life at Showa University is the fully residential campus for first-year students. Students develop a cooperative outlook and sense of humanity while living in the student dormitories on the Fujiyoshida Campus, located at the foot of Mount Fuji, a UNESCO World Heritage Site. Students share rooms in mixed groups from all four undergraduate schools and follow a curriculum in which they study and participate in practical training together. This provides the optimal environment for honing the communication skills that are essential to medical practitioners. It is a unique approach that makes full use of Showa University's characteristic features.

Adopted by first-rate universities worldwide, this fully residential system is a tradition at Showa that dates back half a century. The educational effects that can only be cultivated by having students study and live together are increasingly attracting attention from the rest of society.

While basic and general subjects are the main focus of teaching at the Fujiyoshida Campus, it also provides a wide-ranging curriculum of study specific to each undergraduate school, as well as practical training that brings together students from all four schools. The sense of humanity and mental attitude required as a medical practitioner are nurtured, while the ability to solve problems are developed through hands-on practical training.



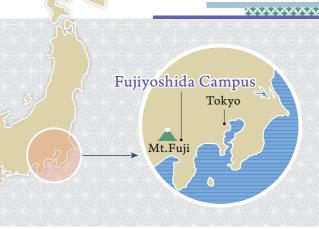






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The objective of this university's fully residential approach is to enable students from the four different undergraduate schools to live together. Each dormitory room is occupied by a group of four people, who share a study and a bed room. This communal lifestyle fosters consideration for others and a cooperative outlook, as well as helps students understand each other's specialties. The foundations of team-based medicine are laid at this campus. Its two dormitories for male students and two for female students become home to around 600 first-year students.





### **Fujiyoshida Nature Study Park**

The Fujiyoshida Nature Study Park was developed in 2012 to foster study of the natural environment as a means of cultivating a rich sense of humanity. Facilities equipment and other improvements are ongoing.



The two medicinal plant gardens on the Fujiyoshida campus cultivate a wide array of medicinal plants: 610 species from 108 families. Taking advantage of the location's 1,000-meter elevation, the gardens also focus on studying and cultivating medicinal plants found only in colder regions.

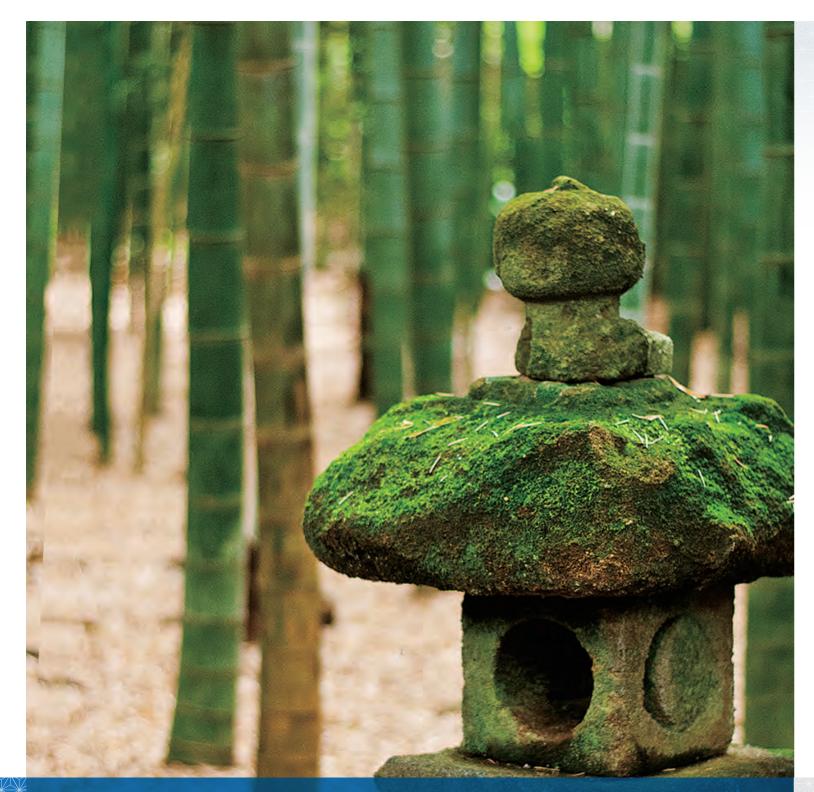




## Fujiyoshida Square Garden

Fujiyoshida Square Garden gymnasium was opened in October, 2016. It houses a basketball court and two volleyball courts. Also, this building is able to host international activities or sports events, such as the 56th All Japan Modern Pentathlon Competition.





# Education in team-based medicine that makes full use of the benefits of a comprehensive medical university

linical practice today is becoming increasingly diverse and advanced, so there is a great need for more in-depth knowledge in each specialist field, as well as stronger partnerships between them. Accordingly, team-based medicine – in which physicians work together with dentists, pharmacists, nurses, physical therapists, and occupational therapists across the boundaries between their respective fields – is essential. At Showa University, making full use of the advantages of being a comprehensive medical university, we have used our system of cooperation across all year levels and all schools to build and implement a curriculum that enables students to systematically learn how to practice team-based medicine. This curriculum is without parallel at any other Japanese university.

Another unique feature of education at Showa University is our use of problem-based learning (PBL), in which mixed groups of students from each of the schools tackle assignments in a variety of clinical practice situations, with a particular focus on our attached hospitals.



# SCHOOL OF MEDICINE

At the School of Medicine, whose motto is "cultivating outstanding clinicians," we provide high-quality clinical education making full use of Showa University's attached hospitals, to nurture medical practitioners with strong practical skills. We introduced a new curriculum from 2020, whereby clinical training is introduced to first -year medical students. The attention to detail in our rich program of clinical practice is unrivaled by any other university and we devote our energies to providing an all-round education, assisted by our large teaching staff, who provide finely tuned guidance to each student. We also produce a large number of researchers, as the number of students entering the field of research after graduate school has been growing in recent years.





## CURRICULUM

CURRICUL	UIVI							
	Learning how to interact with people		ng an expert dge of the		Practical tra strategies f General Tes	aining and or the	Cultivating the ability to apply knowledge in practice through intensive clinical practice	Practical electives and final preparations for the national examination
School-specific curriculum	Liberal arts	Basic science	Clinical medicine	Integration of basic and clin	ical sciences	Clinical pr	ractice	
	Shadowing					Clinical cle	erkship	
	Behavioral medicine /	Professiona	lism					
	Study abroad / Medic	al english				XI/ & XI/ & XI/		
	Interprofessional edu	cation	1/4/1/4/1/5		~ \1/ ~ \1/ ~ \1/			
								Graduation examination
					OSCE,CBT			National examination
Team-based medical training with students from the other	Basic PBL tutorials on team-based medicine			PBL tutorials on clinical scenarios	■ PBL tutorials practice sim		Ward practice with students from the other schools	Community medicine practice with students from the other schools
schools of Showa University	• Clinical practice for first-year students							Advanced hospital practice with students from the other schools



# SCHOOL OF DENTISTRY

Through its unique curriculum and other ambitious efforts to build a new system of dentistry in order to nurture practitioners capable of meeting the challenges of dental care in the 21st century, the School of Dentistry is attracting a great deal of attention from organizations focused on dental education. Thorough one-to-one education is provided by the professors to which each student is assigned, achieving a good balance between basic education and clinical practice. Making full use of our practical facilities, which are some of the best of any dental university in Japan, we train highly skilled dentists with an abundant sense of humanity.







# SCHOOL OF PHARMACY

#### Beyond dispensing.

The current pharmacist role is evolving into a clinical health care provider. As a result, the curriculum must shift from traditional compounding and dispensing related programs to clinical clerkship programs. Student pharmacists practice monitoring interactions, evaluating therapy, adjusting medications and working with other health care providers as a team to optimize patients' outcomes.

Showa University School of Pharmacy provides these attractive programs by utilizing our advantage of being a comprehensive medical university. Faculty from the School of Medicine, Dentistry, and Nursing and Rehabilitation Sciences as well as School of Pharmacy conduct lectures and practices.

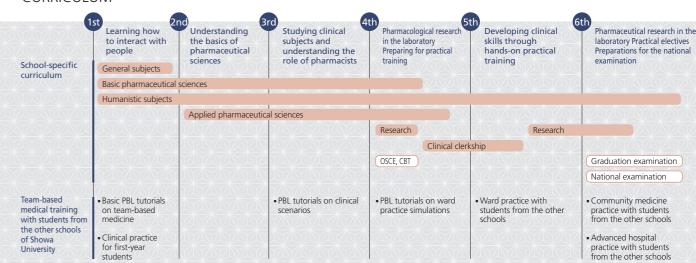




# CURRICULUM

#### Understanding Studying clinical Practical electives and final Practical training an Cultivating the ability to interact with the role of oral strategies for the preparations for the subjects and to apply knowledge in cavity and the mastering basic skills body as a whole hands-on clinical School-specific Basic subjects Clinical practice Practical electives OSCE,CBT PCC-OSCE Graduation examination National examination PRI tutorials on clinica Team-based Basic PRI tutorials • PRI tutorials on ward Ward practice with Community medicine medical trainir on team-based students from the other practice with students practice simulations with students medicine schools from the other schools from the other Clinical practice for first-year Advanced hospital schools of Sho practice with students University from the other schools

#### **CURRICULUM**





# SCHOOL OF NURSING AND REHABILITATION SCIENCES

Department of Nursing Department of Physical Therapy Department of Occupational Therapy

Consisting of the Department of Nursing, the Department of Physical Therapy, and the Department of Occupational Therapy, the School of Nursing and Rehabilitation Sciences offers comprehensive medical education in nursing and other areas, cultivating medical staff with high levels of knowledge and skill, and an abundant sense of humanity. Today, with Japan becoming a super aging society, there is a growing need for personnel in the field of health care and welfare, so we are producing specialists in the realm of medical care, health preservation, and welfare.





#### **CURRICULUM**

				2nd	3rd XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX	4th
	Department of	Human scie	ences	710 710 710 710 710 710 710 710 710 710		
	Nursing	Health scie	nces			Research
		Nursing sci	iences			
		Practice:	Early exposure	Clinical practice	Clinical clerkship	
						Graduation examination
				***		National examination
	Department of	Human scie				
School-	Physical Therapy	Health scie				Research
specific			erapy sciences			
curriculum		Practice:	Early exposure	Clinical practice	Clinical clerkship	
						Graduation examination
						National examination
	Department of	Human scie	***			***
	Occupational	Health scie				Research
	Therapy		nal therapy sciences	/IN   /   X     /	/K-////////////////////	nesedicii
		Practice:	Early exposure	Clinical practice	Clinical clerkship	
		Practice:	Early exposure	Clinical practice	Clinical Gerkship	* * * * * * * * * * * * * * * * * * * *
						Graduation examination
	***					National examination
Team-based	medical training	<ul> <li>Basic PBL to medicine</li> </ul>	utorials on team-based	PBL tutorials on clinical scenarios	PBL tutorials on ward practice simulations	Ward practice with students from the other schools

## The Institution which supports education and research

Established in 2018, Showa University ACT was designed to engage physicians, clinical, translational and basic researchers, statisticians, pathologists, research nurses, clinical coordinators, grant administrators and support staff under one administrative infrastructure, and to develop a world-class, clinically-oriented, translational reseach-focused oncology program. We envision the ACT Program as a research institute that would design and conduct early phase clinical trials for breast and other solid tumors, develop and maintain biospecimen and clinical data resources, and lead the way for innovative breast cancer diagnostic, research and treatment strategies.



The Clinical Research Institute for Clinical Pharmacology and Therapeutics is a basic and clinical research facility that conducts early exploratory clinical trials and clinical research. It provides treatment as part of phase I trials and seeks evidence in order to provide rational drug therapy, which is the goal of clinical



We conduct a wide range of clinical research ranging from questionnaire surveys to neuroimaging studies using a 3T MRI machine as well as TMS. Our primary focus is adolescents to adults with autism spectrum disorder and attention-deficit/hyperactivity disorder.



Started in 2015, the Research Institute for Sport and Exercise Sciences aims to contribute to the advancement of the field of sports health science in Japan by combining education, research, and clinical studies. Both basic and clinical research is conducted at the institute through academic collaborations that make full use of Showa University's status as a "comprehensive medical university".



As a multidisciplinary research center at Showa University, the Pharmacological Research Center was established in 2019. This research center is spearheaded by faculty from the three Departments of Pharmacology (Schools of Medicine, Dentistry, and Pharmacy) and Department of Toxicology (School of Pharmacy) and bridges basic science and clinical fields. Multidisciplinary research groups include the Nerve Group, the Bone/Calcium Group, the Lifestyle-Related Disease Group, the Cancer/Immunity Group, and the Drug Safety Group.



The Showa University Library boasts an extensive collection covering a wide range of genres, including academic books and research papers from overseas. New publications are constantly being added to the Library's collection, and it offers university members access to a large number of electronic journals and databases. In addition, documents in its collection can be searched via the Internet.



The Showa University International Training Center for Endoscopy and Endoscopic Surgery boasts high technology and a proven record, and hosts a number of foreign research students to disseminate inform on the latest operative endoscopy technologies.



# Cooperation Among Four Graduate Schools in Tackling the Varied Domains of the Life Sciences

We are constantly studying ways to establish new directions for our graduate school in order to meet the demands of ever more complex times. As with the undergraduate schools, the four graduate schools of medicine, dentistry, pharmacy, and health sciences coordinate in pursuing research in the various domains of the life sciences. By providing the finest staff, faculty, and facilities, we are achieving results in both our teaching and our research.











# GRADUATE SCHOOL OF MEDICINE

The 4-year doctoral program at Showa
University's Graduate School of Medicine has a
history dating back more than 50 years to its
establishment in 1959. Alumni of this graduate
school play an active role in the field of medical
education and research at universities and
hospitals, among other institutions.
Over the years, the number of graduates of other
universities entering this graduate school has
increased, enabling us to provide diverse and
dynamic graduate-level education to a wide range
of doctoral candidates.

4-year doctoral program

# GRADUATE SCHOOL OF DENTISTRY

The 4-year doctoral program at Showa
University's Graduate School of Dentistry was
established in 1983 and has produced a large
number of personnel working in the field of
dental education and research. As well as genetic
research at the DNA level and cutting-edge
research in the field of digital dentistry, this
graduate school is also involved in research
relating to social medicine and welfare to meet
the needs of Japan's ultra-aging society.

▶ 4-year doctoral program

# GRADUATE SCHOOL OF PHARMACY

The Graduate School of Pharmacy was established in 1969 and its full doctoral program was launched in 1974. In recent years, this graduate school has been working on cutting-edge research into disease, clinical pharmacy research aimed at the proper use of drugs, and research exploring approaches to drugs in society. In 2012, following the restructuring of the pharmacy curriculum into a 6-year program, this graduate school shifted to a 4-year doctoral program.

4-year doctoral program

# GRADUATE SCHOOL OF HEALTH SCIENCES

The Graduate School of Health Sciences was established in 2007 to provide a master's program in this field, subsequently expanding in 2012 to offer a doctoral program as well. With the aim of systematizing knowledge and skill beyond the boundaries of differences in the qualifications obtained in the undergraduate school's three departments, this graduate school offers clinical practice and clinical research based on a high level of expertise.

2-year master's program

3-year doctoral program



Cultivating medical practitioners with an international outlook through multiple opportunities for overseas exchange

howa University actively promotes international exchange. Through staff and student exchanges and the exchange of academic information, we have improved the outcomes of education and research both here and at our partner institutions. We have 5 sister institutions and exchange agreements at the undergraduate school level with more than 30 institutions. All students can choose from a diverse array of overseas training programs from their first through to their sixth year. Showa University's International Exchange Center provides support for training and study abroad, and the university also has a system that offers assistance with the costs involved in such study.



# **INTERNATIONAL EXCHANGE**

The list of sister schools and schools with academic agreement

- 1 Cairo University / Arab Republic of Egypt
- 2 University of Rome "Tor Vergata" / Republic of Italy
- 3 Kyung Hee University / Republic of Korea
- 4 Portland State University / United States of America
- 5 Taipei Medical University / Taiwan

#### School of Medicine

- 1 Tulane University / United States of America
- 2 University of Minnesota / United States of America
- 3 Medical University of Vienna / Republic of Austria
- 4 University of Hawaii at Manoa / United States of America
- 5 Tianjin Medical University / People's Republic of China
- 6 University of the Philippines Manila / Republic of the Philippines
- 7 Taipei Medical University / Taiwan
- 8 University of Antananarivo / Republic of Madagascar
- 9 David Geffen School of Medicine at UCLA / United States of America
- 10 Central Chest Institute of Thailand / Kingdom of Thailand
- 11 University of Zaragoza / Kingdom of Spain

### School of Dentistry

- 1 Dalian Medical University / People's Republic of China
- 2 Tianjin Medical University / People's Republic of China
- 3 The University of Adelaide / Australia
- 4 Shanghai Jiao Tong University / People's Republic of China
- 5 University of Southern California / United States of America
- 6 University of Tübingen / Federal Republic of Germany
- 7 Taipei Medical University / Taiwan
- 8 The University of Hong Kong / People's Republic of China
- University of Toronto / Canada
- 10 Mongolian National University of Medical Sciences / Mongolia
- 11 University of British Columbia / Canada
- 12 Mahasaraswati University / Republic of Indonesia
- 13 Trisakti University / Republic of Indonesia
- 14 Peking University / People's Republic of China
- 15 Chulalongkorn University / Kingdom of Thailand
- 16 University of Mahajanga / Republic of Madagascar
- 1 Medical University of Vienna / Republic of Austria
- 18 D A Pandu Memorial R V Dental College & Hospital / Republic of India
- 19 University of Medicine and Pharmacy at Ho Chi Minh City / Socialist Republic of Viet Nam

#### School of Pharmacy

- 1 Yeungnam University / Republic of Korea
- 2 Mahasarakham University / Kingdom of Thailand
- 3 Albany College of Pharmacy and Health Sciences / United States of America
- 4 Taipei Medical University / Taiwan
- 5 University of Florida / United States of America

#### School of Nursing and Rehabilitation Sciences

- 1 University of the Philippines Manila / Republic of the Philippines
- 2 San Jose State University / United States of America



# The Role of Showa University's International Exchange Center

www.showa-u.ac.jp/en/international



Inquiries: int-exc@ofc.showa-u.ac.jp



Showa University's International Exchange Center deals with all matters relating to international exchange, including procedures relating to overseas study and business travel by staff and students, procedures relating to the invitation and training of individuals from other countries, the planning and implementation of agreements with foreign institutions involved in medical education and research, and international cooperation.



## From Showa University to the world

Making use of the features of each undergraduate school, Showa University offers students the opportunity to participate in international educational programs overseas. These programs take various forms: In the case of first-year students, the main focus is on gaining experience of living overseas and English-language education, while second-year students are able to participate in classes in the life sciences, and the more senior students engage in practical clinical training and medical cooperation.

#### Study abroad programs

Portland State University Summer Program

1st years in all schools

Portland State University Spring Program

2nd-4th years in all schools

**UCLA Summer Sessions & Hospital Visit** 

2nd years in the School of Medicine and 3rd years in the School of Dentistry

Medicine in Oxford Two Week Program

2nd-5th years in all schools

Asia Pacific Dental Students' Association

2nd-5th years in the School of Dentistry

John A. Burns School Of Medicine Workshop

3nd-5th years in the School of Medicine

#### Overseas practical elective

• 5th and 6th years in the Schools of Medicine, Dentistry, and Pharmacy

School of Medicine: Medical University of Vienna, University of Hawaii,

Taipei Medical University, and others

School of Dentistry: University of British Columbia, Medical University of Vienna,

Taipei Medical University, and others

School of Pharmacy : Albany College of Pharmacy and Health Sciences, Mahasarakham University, Taipei Medical University, and others

#### Web Activities

In response to the novel coronavirus pandemic, the International Exchange Center has supported various online activities to keep students and faculty connected with the global community:

- Sponsored online joint seminars with exchange-partner universities so faculty and students from both institutions can share information and interact with each other.
- Converted study-abroad programs to online programs so students can practice their English, meet local students, and learn about medical care around the world.
- · Created on-demand video presentations for students to learn about study-abroad opportunities and international exchange activities at Showa University.
- Hosted online seminars for guest speakers, such as international researchers and Showa University alumni working overseas, to share information with our students and faculty.
- Organized online signing ceremonies with new exchange-partner universities so Showa University can continue to promote international exchange at home and abroad.



## International exchange at the university

## One-Day Tour of Tokyo

(also, photo on pg. 20: Kaminarimon Gate in Asakusa)



#### This is held twice a year, in summer and autumn. We recruit Student Instructors from among the student body to buddy up with our international students and research fellows, and spend the day with them. We have received very positive feedback, with participants saying that the one-on-one interaction makes for a most memorable day.

To facilitate international exchange at Showa

University, we create opportunities for our

from overseas.

staff and students to interact with our guests

#### International Chat Club



We hold International Chat Club events to enhance international exchange on campus. Students get together during lunch breaks and after classes to talk about the culture, customs, and medical systems of their respective countries and enjoy cross-cultural exchange. International students also give presentations introducing their universities and describing popular tourist spots and food of their home country/city.

#### International Exchange Party



Twice a year, we hold a party to provide our staff and students with a chance to interact with our foreign guests. These parties include presentations about the international guests home countries and schools, as well as games to help participants get to know each other better. Recently, we've held a party around Halloween, and guests can wear costumes and enjoy Halloween-themed activities.

#### **University Festival**



At Showa University's "Hatagaoka" school festival, the International Exchange Center hosted several activities to highlight and promote international exchange on campus. For example, international fellows and exchange students studying at Showa University displayed posters about their home countries. Also, we introduced our various study abroad programs at Showa University.

#### Japanese Language Class



We offer classes in survival-level Japanese for international fellows and students on long-term programs. They learn how to introduce themselves, how to go shopping, how to deal with crises, and other elements of conversational Japanese essential to daily life in Japan. This helps them to pursue their training in greater depth.

## From the world to Showa University

#### International Postgraduate Program

Every year, Showa University accepts into the International Postgraduate Program around 30-40 young physicians, dentists, pharmacists, nurses, and researchers from other countries who are interested in learning about the latest treatments and technology in Japan and/or conducting research with our faculty. Started in 1982, this special program (unique among Japanese medical universities) has no application or tuition fees, offers free housing, and if selected, a scholarship as well. In particular, we encourage and prioritize faculty from our sister schools and exchange-agreement universities to apply to this program as a way to promote exchange between our institutions and improve medical care worldwide.

#### Student Exchange Program

Every year, around 20 exchange students from our partner universities study at Showa University's School of Medicine, Dentistry, and Pharmacy. We primarily offer short-term (1 week to 1 month) observational clerkships in a variety of clinical departments in our hospitals, but some schools also offer specially designed programs for foreign students. Like our International Postgraduate Program, we offer free dormitory to our exchange students if available. Additionally, the International Exchange Center organizes events and activities to interact with our students and learn more about Japanese culture.

### Typical year in International Postgraduate Program

April	<ul> <li>Orientation and disaster evacuation drill</li> </ul>
	- lananece language classes

■ Welcome Party

• One-Day Tour (Asakusa) June July

 International Exchange Party ■Bon dance

October Japanese language classes

• Halloween Party

One-Day Tour (Ueno) November

Certificate Award Ceremony











### An important role not only in medical care, but also in education and research

howa University's attached hospitals have a variety of functions as pioneers in the world of medicine. We have ten attached medical institutions, including an advanced treatment facility, a regional core hospital, specialist hospitals, and clinics. As well as pursuing advanced medicine, these institutions take care to provide patient-centered medical care at all times, taking into account such matters as informed consent and safety. In addition, working in close partnership with local authorities and medical institutions, they strive to enhance community medicine, including emergency medical care.

At the same time, as well as being used as key venues for clinical education for students from a variety of undergraduate schools, they offer resident training programs with a thorough course of instruction, thereby cultivating high-quality physicians.



# ATTACHED HOSPITALS

#### SHOWA UNIVERSITY HOSPITAL

An advanced treatment facility at the heart of Showa University, next to the Hatanodai Campus

- Number of authorized beds: 815
- Clinical departments: Respirology and Allergology, Diabetes, Metabolism and Endocrinology, Nephrology, Gastroenterology, Hematology, Cardiology, Oncology, Emergency Medicine, Infectious Diseases, Palliative Medicine, Thoracic Surgery, Cardiovascular Surgery, Pediatric Cardiovascular Surgery, General and Gastroenterological Surgery, Breast Surgery, Esophageal Surgery, Pediatric Surgery, Neurosurgery, Orthopedic Surgery, Rehabilitation Medicine, Plastic Surgery, Obstetrics and Gynecology, Dermatology, Pediatrics, Pediatric Cardiovascular Medicine, Otorhinolaryngology, Urology, Radiology, Radiation Oncology, Anesthesiology, Diagostic Pathology, Emergency and Critical Care Medicine



1-5-8 Hatanodai, Shinagawa-ku, Tokyo 142-866

#### SHOWA UNIVERSITY EAST HOSPITAL

Working in close partnership with Showa University Hospital and supplementing its services

- Number of authorized beds : 199
- $\hbox{-} Clinical \ departments: Rheumatology and Clinical \ lmmunology, Neurology, Neuropsychiatry, Orthopedic Surgery, Ophthalmology, Anesthesiology (Pain Clinic)$



2-14-19 Nishinakanobu, Shinagawa-ku, Tokyo 142-0054

## SHOWA UNIVERSITY FUJIGAOKA HOSPITAL

Equipped with an emergency and critical care center that serves as a designated tertiary emergency medical facility

- $\bullet \ Number of authorized beds: 584$
- Clinical departments: Respiratory Disease Center, Digestive Disease Center, Cardiovascular Center, Stroke Center, Children's Medical Center, Diabetes, Metabolism and Endocrinology, Nephrology, Hematology, Medical Oncology and Palliative Medicine, Rheumatology and Clinical Immunology, Neuropsychiatry, Dermatology, Radiology, Radiation Oncology, Rehabilitation Medicine, Pathology and Laboratory Medicine, Breast Surgical Oncology, Orthopedic Surgery, Plastic and Reconstructive Surgery, Obstetrics and Gynecology, Urology, Otorhinolaryngology, Anesthesiology, Ophthalmology, Emergency and Critical Care Medicine, Dentistry and Oral Surgery



1-30 Fujigaoka, Aoba-ku, Yokohama City, Kanagawa 227-8501

### SHOWA UNIVERSITY FUJIGAOKA REHABILITATION HOSPITAL

An urban rehabilitation hospital that makes full use of cutting-edge facilities and equipment

- Number of authorized beds: 197
- Clinical departments: Rehabilitation Medicine, Orthopedic Surgery and Sports Medicine, Ophthalmology, Internal Medicine and Internal Disability Rehabilitation

Research Institute for Sport and Exercise Sciences (see page 17)



2-1-1 Fujigaoka, Aoba-ku, Yokohama City, Kanagawa 227-8518

# ATTACHED HOSPITALS

#### SHOWA UNIVERSITY NORTHERN YOKOHAMA HOSPITAL

A hospital for a new age, notable for its numerous pioneering initiatives

- Number of authorized beds: 689
- Clinical departments : Respiratory Disease Center, Digestive Disease Center, Cardiovascular Center, Thyroid Center, Children's Medical Center, Female Pelvic Health Center, Mental Care Center, Emergency Center, Palliative Care Center, Internal Medicine, Dermatology, Radiology, Surgery, Neurosurgery, Orthopedic Surgery,  $Obstetrics\ and\ Gynecology, Urology, Ophthalmology, Otorhinolaryngology, Anesthesiology\ and\ Dental$ Anesthesiology, Rehabilitation Medicine, Dentistry and Oral Surgery, Center for Clinical Genetics and Genomic

Showa University International Training Center for Endoscopy (see page 17)

#### SHOWA UNIVERSITY KOTO TOYOSU HOSPITAL

The newest hospital opened in 2014, providing medical care based in the Tokyo Waterfront area

- Number of authorized beds: 400
- Clinical departments: Digestive Disease Center, Cardiovascular Diseases Center, Stroke Center, Children's Medical Center, Perinatal Medical Center, Allergy and Respiratory Medicine, Rheumatology and Clinical Immunology, Diabetes, Metabolism and Endocrinology, Nephrology, Medical Oncology, Psychiatry, Dermatology, Radiology, Radiation Oncology, Pathology and Laboratory Medicine, Rehabilitation Medicine, Thoracic Surgery, Breast Surgery, Orthopedic Surgery, Gynecology, Ophthalmology, Anesthesiology, Otorhinolaryngology, Urology, Dentistry and Oral Surgery, Surgery Plastic Surgery, Emergency Medicine

SHOWA UNIVERSITY KARASUYAMA HOSPITAL

An urban psychiatric hospital providing treatment for a wide array of psychiatric disorders

- Number of authorized beds: 340
- Clinical departments: Psychiatry, Internal Medicine, Dentistry
- Special psychiatric treatment facilities:
- Neuropsychiatry
- Internal Medicine · Dentistry and Oral Surgery

Clinical Research Institute for Clinical Pharmacology and Therapeutics (see page 17)

Medical Institute of Developmental Disabilities Research (see page 17)

#### SHOWA UNIVERSITY DENTAL HOSPITAL

Playing a central role in community dental care, while cultivating clinical dentists

- Number of authorized beds: 22
- Clinical departments : Community Based Comprehensive Dentistry, Comprehensive Dentistry, Aesthetic Dentistry, Endodontics, Periodontics, Prosthodontics, Oral and Maxillofacial Surgery, Oral Oncology, Orthodontics, Pediatric Dentistry, Geriatric Dentistry, Implant Dentistry, Oral Rehabilitation, Temporomandibular Disorders Clinic, Clinic for Persons with Disorders, Radiology, Anesthesiology, Oral Health Care Clinic, Sports Dentistry, Thorough Dental Checkup, Diagnostic Pathology

SHOWA UNIVERSITY DENTAL HOSPITAL MEDICAL CLINIC

#### SHOWA UNIVERSITY TOYOSU CLINIC

A medical institution specializing in complete medical check-ups, working in partnership with the University Hospital



Kanagawa 224-8503



| 5-1-38 Toyosu, Koto-ku, Tokyo 135-8577



| 6-11-11 Kitakarasuyama, Setagaya-ku, Tokyo 157-8577



2-1-1 Kitasenzoku, Ota-ku, Tokyo, 145-8515

Toyosu Ciel Tower 3F 5-5-1 Toyosu, Koto-ku, Tokyo 135-0061

# Kamijo Memorial Hall and Kamijo Memorial Museum

ompleted in 2019, Kamijo Memorial Hall was part of the commemorative project of Showa University's 90th anniversary. The main hall seats 639 people on two floors, and can be used for a variety of academic and cultural events. The main stage curtain contains a striking image of Mt. Fuji, which is based on the original picture "黎明" (Reimei) by Yoshiyuki Nakano, and the lighting is designed to simulate the change of Mt. Fuji's landscape throughout the day from dawn to dusk.

Along with the main hall, this building also includes the Kamijo Memorial Museum, banquet hall, and several smaller classroom/meeting rooms.



Seating arrangement in the main hall



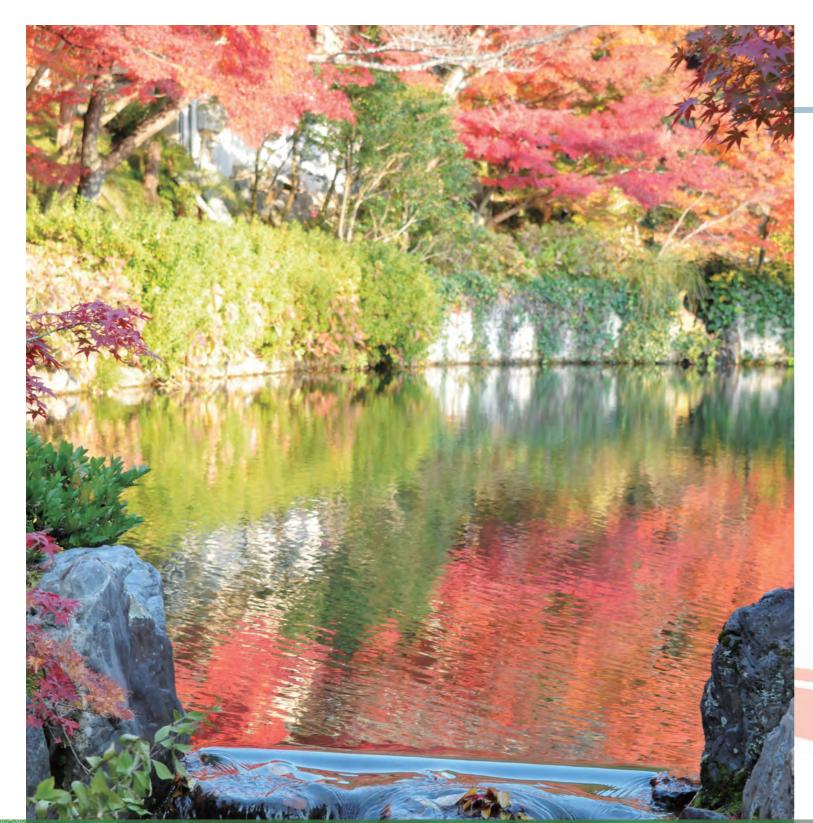
Main stage curtain based on picture "黎明" (Reimei)

Showa University Kamijo Memorial Museum was established in 2019 along with Showa University Kamijo Memorial Hall. The purpose of this museum is that a wide range of people from both inside and outside the university can utilize the facilities and exhibition materials together with the memorial hall as a base for cultural development as well as education and research. Through these materials, the museum's concept and mission is to reaffirm the founding spirit of "Shisei Ikkan" (至誠一貫) ("sincerity and dedication") set down by our founder, Shusuke Kamijo; to pay homage to the accumulation of education that our forefathers created and that has been carefully protected and nurtured by later generations; and to provide an opportunity for us to connect to the future.











Judo club



#### Equestrian club

There is a dedicated riding ground and stables for students at the Fujiyoshida Campus. Showa University is one of only a very few medical universities to have such facilities.



Orchestra club



Kyudo club (Japanese archery)



University festival

This is held each autumn and brings participants together to enjoy a variety of events, including presentations and exhibitions of research.



## **Annual Events**

he academic year at Japanese universities runs from April until the following March. Showa University's campuses reflect the beauty of all four seasons. The changing of the seasons is most noticeable at the Fujiyoshida Campus, which is surrounded by a magnificent natural environment.

There is a wide array of events throughout the year: in spring, there is the entrance ceremony, the ceremony at

which students receive their white coats, Foundation Day, and the dormitory festivals; in summer, Sports Day and Bon dance; and in autumn, the memorial service for the cadavers used in anatomy classes, Homecoming Day, and the University Festival. Following the second semester examinations, the national examinations that students must pass to obtain their national qualifications are held in February and March.



#### Graduation ceremony

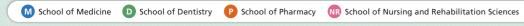
Undergraduate programs in the School of Medicine, School of Dentistry, and School of Pharmacy last six years, while those in the School of Nursing and Rehabilitation Sciences last four years. At the graduation ceremony, students, their families, and university staff and faculty members come together to celebrate the culmination of students' lives as undergraduates. On graduation day, many of the male students wear the hakama divided skirts with haori jackets, and the female students wear furisode long-sleeved kimono that were traditional attire for girls in Japan.

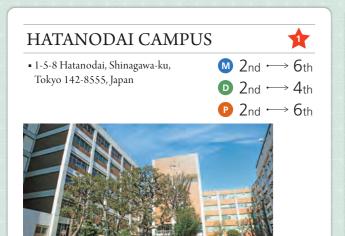


photo by Katsuji Oguchi

# 4 CAMPUSES

Students begin their university lives amid the beautiful natural surroundings of the Fujiyoshida campus (p. 8-11). During the year they spend there, students gain a thorough grounding in basic academic knowledge, while developing the sense of humanity and communication skills essential to medical professionals. From their second year on, students study at the Hatanodai, Senzoku, or Yokohama campus, according to the school to which they are affiliated, to undergo training with more emphasis on practical skills.













# DATA

#### Number of students (As of May 1, 2020)

	School	Department	Enrollment limit	Admission capacity	Number of students to be admitted	Number of students enrolled
	School of Medicine	Department of Medicine	119	719	110	720
SHOWA UNIVERSITY	School of Dentistry	Department of Dentistry	105	630	100	601
	School of Pharmacy	Department of Pharmacy	200	1,200	211	1,186
	School of Nursing and Rehabilitation Sciences	Department of Nursing	95	400	100	408
		Department of Physical Therapy	30	120	38	144
		Department of Occupational Therapy	30	120	21	85
Total				3,189	580	3,144

			Enrollment limit	Admission capacity	Number of students to be admitted	Number of students enrolled
	Graduate School of Medicine	4-year doctoral program	60	240	43	286
GRADUATE SCHOOL	Graduate School of Dentistry	4-year doctoral program	18	72	21	98
	Graduate School of Pharmacy	4-year doctoral program	8	32	20	77
	Graduate School of Health	2-year master's program	10	20	16	37
	Sciences	3-year doctoral program	4	12	6	21
Total			100	376	106	519

Graduate Program	Enrollment limit	Admission capacity	to be admitted	Number of students enrolled
Graduate Program of Midwifery	15	15	16	16
Professional Training College	Enrollment limit	Admission capacity	Number of students to be admitted	Number of students enrolled
Shows University College of Nursing	150	450	1.15	453

## Number of teaching staff (As of May 1, 2020)

	Number of full-time teaching staff									
School/College	President	Vice- President	Professors	Associate Professors	Associate Professors	Assistant Professors	Other Teaching Staff	Total		
School of Medicine	1	2	136	109	303	1,119	0	1,670		
School of Dentistry		1	28	15	49	156	0	249		
School of Pharmacy			30	21	32	116	0	199		
School of Nursing and Rehabilitation Sciences			26	26	89	2	0	143		
Showa University College of Nursing		1	0	0	0	0	27	28		
Total	1	4	220	171	473	1,393	27	2,289		

#### ※准教授 ※講

## Number of other staff (As of May 1, 2020)

School / College	Clerical	Medical	Other	Total	
SHOWA UNIVERSITY Corporate Branch	58	0	0	58	
School of Medicine	36	0	23	59	
School of Dentistry	35	0	12	47	
School of Pharmacy	51	0	20	71	
School of Nursing and Rehabilitation Sciences	35	0	13	48	
Showa University College of Nursing	4	0	0	4	
Showa University Hospital	101	1,305	4	1,410	
Showa University East Hospital	21	183	0	204	
Showa University Fujigaoka Hospital	82	880	5	967	
Showa University Fujigaoka Rehabilitation Hospital	10	190	0	200	
Showa University Northern Yokohama Hospital	62	932	0	994	
Showa University Koto-Toyosu Hospital	32	574	0	606	
Showa University Karasuyama Hospital	18	202	3	223	
Showa University Dental Hospital	24	182	2	208	
Showa University Toyosu Clinic	2	1	0	3	
Total	571	4,449	82	5,102	

SHOWA UNIVERSITY 1-5-8 Hatanodai,Shinagawa-ku,Tokyo 142-8555 http://www.showa-u.ac.jp

## INTERNATIONAL EXCHANGE CENTER

 $https://www.showa-u.ac.jp/en/international/\\ Email: int-exc@ofc.showa-u.ac.jp \ Tel: +81-3-3784-8266$ 

